

Encourage
Enrich
Equip

THE BARNABAS

2023

**Crisis Care
Training International**

A Ministry of

WEC International

Phyllis Kilbourn, Founder

Tami Snowden, Director

Amy Wilson, Editor

Bob Joyce / Pics-n-Pixels

Marketing & Graphic Design Studio

Prepared By: Amy Wilson

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CONTACT:
AWILSON@CCTI-WEC.ORG



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This issue is dedicated to our FREE trauma recovery workbook: *There is Hope for Me*. Dr. Kilbourn was asked to develop this workbook in 1990 to respond to Haiti's earthquake. She quickly saw how well the children thrived with the activities, revised it, and developed the workbook into the tool we have today, complete with a Facilitator's Guide.

CCTI is fortunate to have missionaries who train our curriculum worldwide! In this issue, you will find three stories from trainers who have successfully utilized this booklet and trained others on its contents. Many translations of this booklet can be found on our website, with more currently in the works. Ministry partners have utilized this booklet throughout 2022 as refugee growth continues.

Enriching, equipping, and encouragement of you is always our goal with The Barnabas Letter, as was the heart of Dr. Phyllis Kilbourn when she put out the first issue in 1997. If there is ever a topic that you would like extra help with and you cannot find it in our website archives, please let us know, and we will be glad to help.

Serving Him Together,
[Amy Wilson](#)
awilson@ccti-wec.org
 Director of Education, CCTI



Contextualizing

~There is Hope for Me~



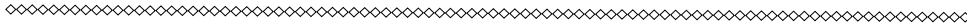
As a missionary serving in Rainbows of Hope within WEC International, my husband and I travel to different parts of the world to serve as resources for children in crisis ministry. Most of our experience has been serving refugee children. The *There is Hope for Me* trauma recovery workbook has been an essential tool in which we have helped many refugee children go through a healing process and restore hope in their lives.

First of all, before beginning to use the booklet, I try to develop trust with them, which will help them open up. Then I have them do a drawing of the saddest event in their lives, which often is their fleeing from their country (each one will have different experiences and see it with different eyes). Showing and explaining the drawing will help the child verbalize and begin a healing process. Once the trauma has been identified, I begin giving an introduction to the lesson and developing the topic. Children will have time to do their activities on the workbook. They each will share verbally what they did. Then I get them together for a time of "Let's talk about it," giving them encouraging words and using Bible verses when possible. If I am in a Muslim context, I use the message of the Bible verses without making it known that they are Bible verses and avoid mentioning Jesus, but refer to Him as a loving God (Jesus's attributes are what differentiates Him from what many perceive as their God), so He reveals Himself through His amazing love.

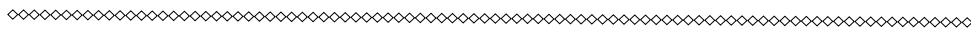
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Contextualizing

~There is Hope for Me~



As a testimony, a Muslim mom expressed words of appreciation after using the booklet and said, "I am thankful for what you all have done for my son. My son used to draw horrible pictures of war, weapons, blood, and violence, but now he draws beautiful pictures of a bright sun, mountains, and green valleys." No doubt that these drawings of violence reflected the terror, fear, and hopelessness he had inside, but now his drawings reflect the love, comfort, and hope that the Lord offers. The *There is Hope for Me* booklet is an excellent tool for children to have a healing experience in which we can see the Lord working in a special way.



**Please help with the development of further languages
by donating here.**



Renewing Hope to Youth After COVID



In the Philippines, many have been on lockdown from COVID-19. After a year, our government noticed an increase in suicide, abuse, incest, depression, and broken families. Our Justice Secretary, Menardo Guevarra, issued the following statement: "I respectfully request our spiritual leaders to bring this much-needed message of hope to our suffering countrymen in order to stave off more incidents of self-destruction." From this call to action, our Hope for Every Youth and Child program was born.

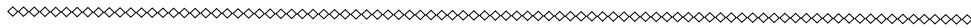
We met in person with those who were able, and others online. We use the *There is Hope for Me* in the context of a relationship. We make it a goal to bring the children and youth into a caring and nurturing community where they can flourish. We use the LIFE OF JOSEPH side by side with each session, to share the Biblical truth. At the same time, we attain the purpose of each session in the *There is Hope for Me*.

Testimony 1:

"To the people behind Pag-asa Project, thank you for helping me know that God is always listening to me...."

Continued

Renewing Hope to Youth After COVID



Testimony 2:

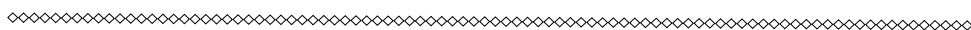
"I am N., I have ADHD, but I have PAG-ASA (stands for Peace in the Philippine language) with God. I can do great things for Him and for others!

Testimony 3:

From a parent whose children went through the *There is Hope for Me* 16 sessions journey: "I was able to bridge the gap with my kids and became their counselor and friend. Our differences were somehow alleviated as we became more patient with each other. My kids are now livelier and more open to sharing their thoughts, even their "idiotic" ideas which previously they were afraid to share. "

Testimony 4:

"I learned the reasons behind why I am struggling mentally and have become mentally unstable. I was able to open up and write things I did not have the courage to say out loud. I am struggling mentally and spiritually; however, trauma care helped me to develop a positive mindset..... I realized we all make mistakes, we all get disappointed, and we all break down, but God will always be there to help us and guide us." -CBC Youth-

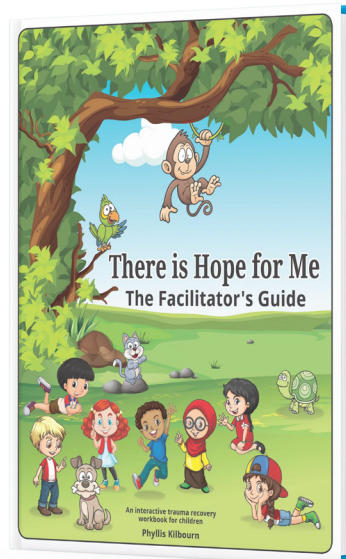


We are grateful for how this booklet helps us meet our mission to:

~Offering healing and hope for children
in crisis through Christ centered
training and resources~

Multicultural Uses of

~There is Hope for Me~



Personal application of the usage of the booklet

Puerto Rico - I used it in a group with adults who had gone through a damaging hurricane. Since they were adults, they did not understand why they felt shocked and numbness since they could reason through what happened. After going through it, they understood their reactions and, in turn, were able to use the book with children and grandchildren.

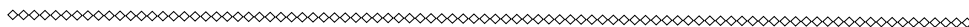
I recommend using the Youth journal version of *There is Hope for me* for adults and adolescents.

USA – Using the booklet individually with those leaving the sex industry. While in rehabilitation, they work through it to understand themselves, and the years of losses, but the most powerful part for them is realizing that there is hope for a future outside of abuse. For most, that is a vague concept because it has been ongoing for so many since they were children. Working through the booklet helps them see how God is arranging their steps, and they can begin to dream of a different future free of abuse and slavery. The booklet helps free them to think clearly about the future. The darkness in their eyes begins to dissipate as the light of hope takes over.

USA – A girl's mother died at home after a long illness. In her last moments, the girl laid on top of her mom to keep her from falling off the bed as her body was convulsing. She was deeply traumatized and didn't talk about it for a year. In working with her, finally she asked if it was her fault, or if she would see her mom again. We were able to explore what death is together safely.

Multicultural Uses of

~There is Hope for Me~



She began to express little by little her doubts and fears. She started grieving little by little after processing the topics in the booklet. It encouraged her to have someone there to help hold her feelings and gave her a sense of security from the chaotic mess inside her, knowing she would not be swallowed up by them with someone else at her side. She is now making progress and slowly healing, thanks to the booklet. The most helpful for her was having a listening ear, and not be condemned.

Philippines – After 2 years of home quarantine, children in a poor district were allowed outside and went to the drop-in center where all the staff was trained on how to use *There is Hope for Me*. Weekly they worked with the kids in groups, made *There is Hope for Me* T-shirts, and at the end, had a party. Each child received a certificate, and one boy testified that he could be happy again after going through the booklet.

Anywhere – Perhaps the most use I get from this booklet is with people I meet for the first time. With the booklet in my mind and heart, I ask how they felt before the incident and how they feel now. Then I ask what losses were incurred and help them work through it. It creates an immediate bond. It helps many women, teenagers, and children get unstuck by the questions. On the adult faces, I see relief as they touch the painful topic, seeing that someone cares enough to mention it. Then to know that they will not always feel that way gives them hope in a little window of time. I do this with women from all walks of life and others I meet who are struggling deeply.



New Training Opportunities!

April 3-May 5, 2023

Module 1: Trauma and Crisis Care

Module 3: Orphan Care (Module 1 is a pre-requisite)

Please get in touch with Denise at denise@ccti-wec.org if you are interested in either course.

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by donating here.



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