

## TABLE OF CONTENT

COVER // 1
IN FOCUS // 2
WHEN A MASK BROKE... //3 -4
CURE //5
RESOURCES //6



### In Focus

For many of us, this pandemic period has brought much fear, frustration, and uncertainty to our lives. For those who experience trauma and/or disabilities, these feelings may be magnified. Those who need medical procedures may not be able to get the care they usually receive due to hospital restrictions, or are trying to communicate their needs through teleconference. Communication through these means is often difficult, but can you imagine if you have speech or other communicative difficulties? We may feel frustration over the challenges of wearing our masks, but what if you struggled to even put one on? These challenges are only a few of many that this period of time has amplified for those who struggle with disabilities. We hope that this issue of the Barnabas Letter gives you better insight into how to pray for those with disabilities. Hopefully, it also encourages you to see how God is using this time to reach those who struggle through those who have a heart for those with disabilities. As always, may God use this edition to encourage, enrich and equip you for His glory!

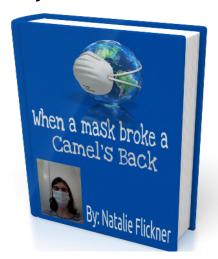
Serving Him Together, Amy Wilson, Director of Education



Vol. 17 No.4

# When a Mask Broke a Camel's Back:

By: Natalie Flickner



# How to Love and Care for Children with Disabilities During Covid-19

In the past few months, everyone's life has been turned upside down. However, the vast amount of conversations and questions on how to live and react does not include the additional needs of people or children with disabilities. I have lived with mild Cerebral Palsy now for almost 40 years. CP affects my speech, fine motor skills like writing, and walking is also difficult. In late May, I had to go to the eye doctor because, in my twenties, I also developed a form of autoimmune arthritis that attacked my eyes to the extent that I now have glaucoma and need to be monitored for further eye damage.

As I walked into the door at the eye doctor's office, the nurse helped me place a mask correctly on my face. When I approached the receptionist, I had to repeat myself twice like I usually do, but I had to shout each word very carefully. Then I had to walk to the area in the building for my eye test. By the time I reached a chair, I was breathing very heavy, and my glasses were fogged up by my hard breathing. As I tried to calm myself by talking with the Lord, tears were already in my eyes. I tried to defog my glasses in order to fill out the office forms. However, my glasses continued to fog as I struggled to write my information. I wanted to scream, "This is not fair!" Just then, an office worker called my name, and as I looked up, giant tears rolled down my face. "I need



help, please," I shouted again to be understood while wearing a mask. She took the clipboard and pen and aided me in walking to another room where I proceeded to cry.

Continued...

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At first, my tears seem childish because everyone else is having to wear a mask; but then I realized this little mask had quickly destroyed my ability to manage my "normal" struggles. The mask was the straw that broke the camel's back, and now all of it just seemed too much.

As I think about children with disabilities and their upcoming tasks to wear masks to school, my heart breaks for them. For most kids, a mask is hot, uncomfortable, and most definitely not cool. But for children with disabilities, a mask can be yet another thing to manage or fail to manage, exposing their fragile balance in living in a fragile world.

So, I am asking you to think ahead for these children. How could you make their day a little easier or build in moments to give them a small break? Perhaps an extra treat is need. Also, be prepared for the moments where it all becomes just too much for them. Then, when you try to comfort or console them, remind them how brave they are living in this new world.

I have one more request for you: the next time you feel frustrated wearing you own mask, please think and pray for the children with disabilities who have numerous hardships every day and will not be able to throw "their many masks" in the trash once the world changes yet again.

### **Biography:**



Natalie Flickner is a missionary with World Evangelism for Christ (WEC) serving with Crisis Care Training International (CCTI).

She graduated with a BA in both Intercultural Studies and Bible from Columbia International University. Then she continued studying at Columbia Biblical Seminary and earned an MA in Pastoral Counseling and Spiritual Formation.

Natalie has ministered with CCTI since 2013 and she is excited for the Disabilities Module that she wrote to be released at the beginning of 2021.

Natalie lives with her husband, Kevin, and dog, Bamboo, in SC.

## <u>CURE</u>

#### Earnest Kioko's Bio:

I am Earnest Kioko, married to Winfred, a high school teacher, and God has blessed us with two daughters, Ruth Kioko (9yrs), now in grade 5 and Blessings Kioko (1yr 3 months). I am an ordained Revered with Africa Inland Church of Kenya (AICK) with a Bachelor's degree in Theology and a Masters in Education. I have been serving with CURE for the last 15 years within the spiritual ministry of the organization.



Currently, I am humbled and privileged to serve as the Senior Director of CURE Spiritual Ministry.

CURE is a non-profit organization that operates charitable hospitals and programs in 14 countries worldwide. Children with conditions like clubfoot, bowed legs, cleft lips, untreated burns, and hydrocephalus experience the life-changing message of God's love and receive surgical treatment regardless of gender, religion, or ethnicity. Without treatment, they will have little hope for a future, and many will die from their condition.

It has been a blessing to collaborate with Crisis Care Training International (CCTI). We met CCTI when our CURE Kenya hospital piloted the Disabilities Module in October 2019. Then we had 17 coworkers participate, where now we currently have 103 who are undergoing nine weeks of online training of Module 1: Trauma and Crisis Care. The CCTI materials:

•Provide relevant information on the different stages of child development and possible challenges that result from various aspects and effects of trauma in children.

•This material has also widened our understanding of patients' needs and equipped us with different approaches to counsel and provide psychosocial support that can bring long-lasting healing to affected children.

\*Through our studies, we have put ourselves in the shoes of caregivers to practice how we would counsel the children with excellence, precision, and minister the gospel of Christ.

•The training has put us in a privileged position to purposefully and effectively engage the different players involved in the trauma management of children in the hospitals.

•An added benefit is that we have received tools and skills to train our own children, caregivers, and the community at large to take care of children who have trauma from abusive experiences.

•We are now able to practically and contextually understand, interact, and engage our patients (children) better, hence ensuring they maximally enjoy their stay in our hospitals.



### <u>Upcoming</u> <u>Trainings:</u>

### **Resources Page**

Module 1: *Trauma and Crisis Care* September 13-November 13, 2020

If you are interested in beginning one of our foundational class of

Trauma and Crisis Care

Please contact Denise by Sept.4th, at denise@ccti-wec.org before all spaces are filled.

Or, if you are interested in another class to begin in January, 2021, please let us know. Thank you!





#### It's never to late to educate!









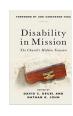


#### Additional Book Resources

Disability and the Gospel. How God Uses our Brokenness to display His Grace. Crossway 2012

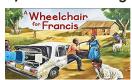


Disability in Mission: The Church's Hidden Treasure (2019) by David C. Duel and Nathan G. John

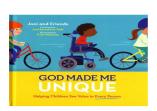


#### Childrens Books!

A Wheelchair for Francis (2019) by Adrienne Muqwanya



God Made Me Unique: Helping See Value in Every Person(2019) by Joni and Friends



#### Websites:

Joni and Friends



Enabled HC



Connected Hearts Ministry

